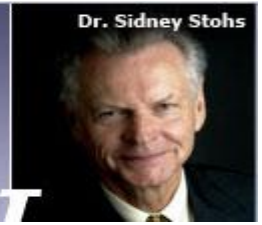




**RESEARCH &
DEVELOPMENT**

Dr. Sidney Stohs



September 22, 2006

AdvoCare
2727 Realty Rd.
Carrollton, TX 75006

Phone 972.478.4864

Dear Mike:

I sincerely appreciated your sending the article written by Dr. Barry Sears regarding the importance of omega-3 fatty acids and ADD. We have been aware that omega-3 fatty acids may be very helpful in children with ADD, and as a consequence, I have been recommending the use of omega-3 fatty acids for ADD and ADHD. My usual recommendation involves the use of SPARK, OmegaPlex, excellent core nutrition in the form of CorePlex or KickStart Complete, and IntelleQ. We have had a number of individuals indicate excellence success with this combination. Again, thank you for sending the article.

Best wishes.

Sincerely yours,

Sidney J. Stohs, Ph.D.
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your original message to ...

Dr. Stohs,

I received an e-mail the other day in regards to the effects of omega fatty 3 on ADD and I was wondering if you had seen this or similar reports. I know we have the Texas Tech study on the effects of SPARK and ADHD, and this could be another alternative to add to the SPARK.

http://www.cbn.com/health/naturalhealth/drsears_ADD.aspx

Just curious about your thoughts!

Thanks!

Mike